

QUICK REFERENCE CHART - CAB - 2010 GUIDELINES

	ADULT OVER 8 YEARS OF AGE	CHILD AGE 1 TO 8	INFANT 0 TO 1
Recognition	No breathing or no normal breathing (i.e. only gasping)	Unresponsive	Unresponsive
Pulse	No pulse palpated within 10 seconds for all ages		
CPR Sequence	C-A-B (Compression, Airway, Breathing)		
Compression Rate	At least 100/minute		
Compressions Depth	At least 2 inches	At least 1/3 diameter About 2 inches	At least 1/3 diameter About 1 ½ inches
Chest Wall Recoil	Allow complete recoil between compressions Healthcare Provider rotate compressors every 2 minutes		
Compression Interruptions	Minimize interruptions in chest compressions Attempt to limit interruptions to less then 10 seconds		
Airway	Head tilt-chin lift (suspected trauma do jaw thrust)		
Compression-to ventilation ratio (until advanced airway placed)	30:2 1 or 2 rescuers	30:2 - single rescuer 15:2 - two rescuers	
Ventilation with advanced airway	1 breath every 6-8 seconds (8-10 breaths/min)		
Defibrillation	Attach and use AED as soon as available. Minimize interruptions in chest compressions before and after shock; resume CPR beginning with compressions immediately after each shock. If pediatric pads not available; adult pads may be used on children and infants (put one pad on back and one pad on chest)		

ADULT - GET HELP (CALL 911) FIRST

CHILD & INFANT IF ALONE - PERFORM 5 CYCLES OF 30 COMPRESSIONS AND TWO BREATHS BEFORE LEAVING CHILD TO CALL 911

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RESCUE BREATHING (Rescue breathing is for victims with no breathing, but pulse present)

INFANT (Age 0-1) 1 breath every 3 seconds

CHILD (Age 1 to 8) 1 breath every 3 seconds

ADULT (Over the Age of 8) 1 breath every 5 seconds

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Boundtree Medical - 1-800-533-0523 (CPR Barrier Pocket microshield with gloves)
Reference Order #5370340